

# Iron County School District

## Secondary Lunch

November 2010

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This Institution is an equal opportunity provider.

Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 1  Egg Rolls Quesadilla , cheese Garlic Cheese Bread Warm Soft Rolls Milk 100% Juice Fresh Apples Vegetable tray Cnd Pineapple Cooked Carrots	Nov - 2  Salad Bar Chicken Fajita Wrap Sloppy Joe Warm Soft Rolls Milk 100% Juice Applesauce Green Beans, ckd Crunchy Carrots Fresh Bananas	Nov - 3  Spicy chicken Sandwic Breaded Beef Patty (ch Chicken nuggets Warm Soft Rolls mashed potato/gravy Milk 100% Juice Fresh Oranges Cooked Corn BROCCOLI,raw Canned Pears	Nov - 4  Salad Bar Orange Chik & Rice Pig in a blanket Milk 100% Juice Crunchy Carrots Cooked Peas Fresh Bananas Applesauce Chocolate Pudding	Nov - 5  Big Daddy's Pizza PB&J Deli Sandwich Warm Soft Rolls Milk 100% Juice Fresh Apples Canned Fruit Side salad CORN
Nov - 8  Italian Dunkers - Seco Burrito, Beef & Bean Deli Wrap Milk 100% Juice Crunchy Carrots Green Beans, ckd Canned Peaches Fresh Bananas Chips	Nov - 9  Salad Bar Lasagna Popcorn Chicken Warm Soft Rolls Milk 100% Juice Fresh Oranges Crispy Celery Applesauce BROCCOLI POTATOES, ROUND	Nov - 10  BBQ Riblets Hamburger/Cheesebur Rainbow Fish nuggets Warm Soft Rolls mashed potato/gravy Milk 100% Juice Fresh Apples Cooked Corn fruit BROCCOLI,raw	Nov - 11  Salad Bar Grilled Cheese Sandwi Spaghetti Warm Soft Rolls Milk 100% Juice Fresh Oranges Crispy Celery Applesauce BROCCOLI BANANA BREAD SQU	Nov - 12  Big Daddy's Pizza PB&J Warm Soft Rolls Nachos and Cheese Milk 100% Juice Fresh Apples Side salad Canned Fruit Green Beans, ckd
Nov - 15  Deli Sandwich teriyaki chik & rice Pig in a blanket Milk 100% Juice Fresh Apples Cnd Pineapple Green Beans, ckd Vegetable tray Chips	Nov - 16  Taco Salad beef Seco Egg Rolls Garlic Cheese Bread Warm Soft Rolls Milk 100% Juice Canned Pears Cooked Carrots Fresh Bananas Crispy Celery	Nov - 17  Spicy chicken Sandwic Corn Dog Taco Soup Warm Soft Rolls Milk 100% Juice Fresh Apples fruit BROCCOLI,raw Cooked Peas	Nov - 18  Tasty Turkey Creamy Mashed Potat CORN Milk 100% Juice pumpkin pie Stuffing Warm Soft Rolls Cranberry Sauce Vegetable tray Fruit Salad candy yams	Nov - 19  Big Daddy's Pizza PB&J Chicken Nuggets Warm Soft Rolls Milk 100% Juice Side salad Canned Fruit Cooked Peas Fresh Oranges
Nov - 22  Grilled Cheese Sandwi Chicken Fajita Wrap Nachos and Cheese Milk 100% Juice Fresh Apples Cnd Pineapple Green Beans, ckd Vegetable tray Cookie M&M	Nov - 23  Big Daddy's Pizza PB&J Burrito, Beef & Bean Warm Soft Rolls Milk 100% Juice Side salad Canned Fruit Fresh Apples Cooked Peas	Nov - 24  Happy Thanksgiving !!	Nov - 25  Happy Thanksgiving !!	Nov - 26  Happy Thanksgiving !! Adult Breakfast \$1.75 Adult Lunch \$3.50 Breakfast \$1.25 Lunch: \$2.25 Reduced Brkfst \$.30 Reduced Lunch \$.40
Nov - 29  Popcorn Chicken Deli Wrap Spaghetti Milk 100% Juice Fresh Apples Cnd Pineapple Green Beans, ckd Vegetable tray Chips	Nov - 30  Salad Bar Orange Chik & Rice Garlic Cheese Bread Warm Soft Rolls Milk 100% Juice Fresh Apples Vegetable tray Canned Pears Cooked Carrots			